

Invite Ignite Inspire
Aldergrove Public School
150 Aldergrove Dr.
Markham, ON.
L3R 6Z8

905.470.2227

### Email:

aldergrove.ps@yrdsb.ca

Twitter: @aldergroveps



APS Guiding Questions: Who am I?

Who are you?
Who are we together?

APS - Seven Values
Citizenship

**Empathy Inclusivity** 

Innovation

Relationships Self-Awareness

**Optimism** 



### Aldergrove Public School Community Newsletter April 12, 2024, Vol. 16

### Message from the Office

There are so many things to celebrate in April! Vaisakhi, Passover, Eid-ul-Fitr, Ridvan and Easter are just some of the exciting celebrations. All of these celebrations connect our school through empathy, reflection, love and community. Building strength and understanding of how we are more similar than different creates a welcoming space for all of our scholars. As we come to the end of Ramadan, we are wishing "Eid Mubarak" to staff and families who are celebrating Eid-ul-Fitr.

We look forward to the beautiful spring weather outside coming in the next few weeks. Inside, we continue to work hard to achieve our academic goals for the final three months of the school year. Our expectations for success remain high for all of our students and we are equally committed to ensuring that your child's social and emotional well being is always at the forefront of everything we do here at Aldergrove.

In appreciation and gratitude for the continued partnership in supporting our scholars.

Ms. Jessa Mr. Pamayah Principal Vice Principal

### **Resources for Families**

Guide to the School Year

Student Mental Health and Addictions Newsletter - April York Hills Positive Parenting Seminars

Hong Fook Mental Health Association Newsletter - February The Centre for Black Student Excellence Newsletter - March Markham Public Library

Aldergrove Archives: Past Newsletters and School Council Minutes

### **School Schedule**

8:15 am - staff on duty outside (scholars stay outside until entry bell, except when it's raining)

8:25 am - entry bell

8:30 am - learning block 10:10 am - 10:40 am recess

10:40 am -12:20 - learning block

12:20 pm - 1:20 pm lunch

1:20 pm - 3:00 pm learning block

3:00 pm - dismissal

### Safe Arrivals:

Please be on time for school. If your child is late or will be absent, please inform the school office or use EDSBY to share this information.

### **School Council**

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation is provided at each meeting.

- o Friday, April 19 Staff Appreciation Luncheon
- Thursday, April 25 Planning Meeting for Aldergrove Eats
- Thursday, May 16 4th Council Meeting 7 pm
- Thursday, May 30 Aldergrove Eats 3:15-6pm

You can access past School Council Minutes here.

### **Weather Safety**

Aldergrove scholars need to be comfortable throughout the school day and dress appropriately for the different weather they may experience at recess. The list below outlines some suggestions for Spring (April through June)

sun hat long pants

- closed toe shoes
- light jacket

- shorts in hot weather
- rain boots,
- raincoat extra socks

### **New! Term 2 Aldergrove Lunch Programs**

Tuesday: Pizza Lunch, February 6-June 25. Wednesday: Sushi Lunch, February 7-June 26.

Friday: Sub Lunch, February 9-June 21.







### **April is Sikh Heritage Month**

April is an important month for the Sikh community. In this month, Sikh Canadians celebrate Vaisakhi, which marks the creation of the Khalsa and the Sikh articles of faith. Sikh Canadians widely celebrate Vaisakhi, also known as Khalsa Day, across Ontario. As we enter the month of April, staff and students are encouraged to join Ontarians and Canadians who will be coming together to celebrate how Sikh Canadians have made significant



contributions to the growth and prosperity of Ontario and Canada's social, economic, political and cultural fabric. Aldergrove is excited to recognize, honour, and celebrate Sikh experiences throughout the month of April.

### **World Autism Acceptance Month**

We work together to create spaces for all our learners including our neurodiverse learners. April is Autism Acceptance Month. April 2 is World Autism Day. This year we are moving from raising

awareness for Autism to increasing acceptance. Acceptance and awareness come from vastly different mindsets. Awareness seeks to highlight how Other we are and emphasizes the differences and distance between our ways of being. Acceptance looks at commonalities we share and at the strength inherent in diversity. Some students self-identify as an Autistic person as part of their social identity. At the YRDSB, the way we recognize World Autism Acceptance Month is through consultation with our students with autism,

their families and using our professional judgement.



The most important thing to remember is that when you're talking about autism, you're talking about a person. Aldergrove scholars were able to participate by adding their art and ideas to the community-built trees shown below.







### Earth Day at Aldergrove

We are all stewards of the Earth and as such it is our responsibility to be aware of how our actions affect the environment, including ways that we can make a positive impact. Earth Day is an annual worldwide event and is celebrated on April 22. Earth Day is a time to reflect on our habits and consider making small changes to our routines.

On Monday, April 22 the school will be acknowledging Earth Day. Scholars are invited to wear the colours blue and green.



### The International Day of Pink

April 10, 2024 is the International Day of Pink. The International Day of Pink is a day when

communities across Canada and across the world unite to celebrate diversity and raise awareness about the need to stop homophobia, transphobia, discrimination and all forms of bullying. On this annual day in April, individuals wear pink to show respect for diversity and to demonstrate support for learning and working environments which are safe and inclusive of people from all different backgrounds. International Day of Pink is intended to create a more inclusive and diverse world. The Day of Pink originated in Eastern Canada, after a few young students decided to stand up against homophobia, bullying and toxic masculinity. Although the first Day of Pink occurred 17 years ago, students continue to experience homophobia, transphobia and biphobia. Aldergrove is committed to raising



awareness, building inclusion and eliminating discrimination for students in 2SLGBTQ+ communities. As part of this commitment to inclusion our intermediate students participated in the Visibility tour which included a panel of 2SLGBTQI+ speakers.







### **Grain Farmers of Ontario**

On Wednesday, April 10th, Aldergrove had a visit from the Grain Farmers of Ontario to teach the students about farming, grain types, as well as the layers of soil. There was a 20-min presentation outside at the trailer, and then a 40-min in-class lesson and activity.





### Summer Institute 2024

York Region District School Board's Summer Institute offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum for students entering Senior Kindergarten to Grade 8.

### **Program Dates**

Weekly Sessions July 2, 2024 to August 9, 2024:

Week A: July 2 - 5 (4-day week)

Week B: July 8 – 12 Week C: July 15 – 19 Week D: July 22 – 26

Week E: July 29 - August 2

Week F: August 6 - 9 (4-day week)

See Registration Information and Frequently Asked Questions.

Summer Institute 2024 Registrationis now open.

Please visit the Summer Institute registration page for the online registration link.

### **Kindergarten Registration**

Kindergarten registration for September 2024 begins January 19 for the 2024-25 school year. Children who turn four or five years old during 2024, live within the school boundary, and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten. There are several ways you can register for Kindergarten:

- Online Families can access the online Kindergarten registration information at <u>www.yrdsb.ca/kindergarten</u>. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email Families can download the <u>Elementary School Registration Form</u> at <u>www.yrdsb.ca/Kindergarten</u> and email the completed form to their school email address. Email addresses can be found on the school website.
- By phone Families can request support to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. <u>Call your local school</u>.
- In-person at the school Families may visit the school office to drop off or complete a registration form.

Once you have completed your application, the school will contact you to make an appointment to review and verify the <u>required documents</u>.

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at <a href="www.yrdsb.ca/Kindergarten">www.yrdsb.ca/Kindergarten</a>. We look forward to welcoming our new students and families to the school.



### **April 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 No School Easter Monday Ramadan	2 Day 2 Pizza Day 🎉 Ramadan	3 Day 3 Sushi Day <del>3</del> Ramadan	4 Day 4 Ramadan	5 Day 5 Sub Day   Ramadan Gr 7 Swim to Survive	6 Ramadan		
7 Ramadan	8 Day 1 Ramadan Dismissal at 12 for all Students	9 Day 2 Pizza Day 🏳 Ramadan	10 Day 3 Sushi Day  Id al-Fitr End of Ramadan International Day of Pink	11 Day 4	12 Day 5 Sub Day Gr 7 Swim to Survive	13		
14 Vaisakhi	15 Day 1	16 Day 2 Pizza Day 🍃	17 Day 3 Sushi Day	18 Day 4	19 Day 5 Sub Day Gr 3 Swim to Survive	20 Ridvan		
21	22 Day 1 Earth Day	23 Day 2 Passover Starts Pizza Day	24 Day 3 Sushi Day	25 Day 4	26 Day 5 Sub Day Gr 3 Swim to Survive	27		
28	29 Day 1	30 Day 2 Pizza Day 🍃						

**Section 2** Phone: (905) 470-2227

□ Email: aldergrove.ps@yrdsb.ca

■Twitter: @aldergroveps







### KINDERGARTEN REGISTRATION

There are several ways you can register your child for Kindergarten

### Option 1: Online

Register online by visiting www.yrdsb.ca/kindergarten.



### Option 2: Phone

Register by calling the school to request support to complete the registration over the phone. Interpreters available upon request.



### Option 3: In Person

Visit the school office to drop off or complete a registration form.



### Register in just two easy steps:



Complete registration form and submit to the school



The school will contact you to review and verify the required documents

### Community Action Program for Children- Markham Virtual & In-Person Programs

Families with Children Ages 0-6 Years of Age

### **APRIL 2024**

Monday	Tuesday	Wednesday	Thursday	
9:30-11:30 AM  Aldergrove Public School Birth-6 years unregistered  SCHOOL WIDE EARLY RELEASE School parking lot may be busier than normal at 11:30	Fun with STEAM  9:30-11:30 AM  Aldergrove Public School Birth-6 years unregistered		Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered	
#Bedtime Stories 6:30PM Facebook Live Birth-6 years unregistered	#Circletime 12:30PM Facebook Live Birth-6 years unregistered	#Storytelling 12:30PM Facebook Live Birth-6 years unregistered	#PlayandLearn 12:30PM Facebook Live Birth-6 years unregistered	
Outdoor Programs		Outdoor Circle Time 9:30-11:00 AM Denison Park Birth-6 years unregistered		
ō				

### **Program Descriptions**

Special events: April 16, 2024 Ramadan Celebration: Eid Craft and Treats

**Fun with STEAM**- Join us for an exciting journey into the world of STEAM (Science, Technology, Engineering, Arts, and Mathematics) designed specifically for children aged 0 to 6 years old! Our interactive indoor program offers a stimulating environment where young minds can explore, experiment, and engage in hands-on learning experiences. Through a variety of age-appropriate activities, children will have the opportunity to develop crucial skills such as problem-solving, critical thinking, creativity, and collaboration, all while having a blast!

**Learn and Play**. This indoor program follows a developmental approach aimed at fostering the cognitive, emotional, social, and physical growth of children from birth to six years old through interactive and enjoyable activities. The focus is to provide learning through free play and build positive relationship amongst families.

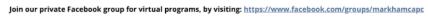
#Storytelling - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

Outdoor Circle Time - Embrace the beauty of springtime and join us for an enchanting outdoor circle experience tailored for children aged 0 to 6 years old! Our Spring Outdoor Circle offers a delightful opportunity for children to immerse themselves in the wonders of the season, celebrating nature's renewal and vibrant colors. During our Spring Outdoor Circle, children will embark on a journey of discovery, exploration, and sensory delight as they engage in a variety of outdoor activities such as music and dance in nature, and story telling. Located at Denison Park

#PlayandLearn- Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

#<u>Circletime</u>- Join us live on Facebook for a lively, interactive session designed to engage young minds in the joy of music and storytelling. Through age-appropriate songs and stories, children explore language development, coordination, and social interaction in a fun, stimulating environment.

#BedtimeStories- Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and educational experience for children.





虛擬和麵對面課程 有 0-6 歲兒童的家庭

### 2024年4月课程表

週	週一		週三	週四
<u>边玩边学</u> 上午9:30 到 11:30 Aldergrove 公立学校 0-6岁 面授		<u>STEAM趣味课程</u> 上午9:30 到 11:30 Aldergrove 公立学校 0-6岁 面授		<b>边学边玩</b> 上午9:30到11:30 Aldergrove 公立学校 0-6岁 面授
附	全校提前发布	EVENT SEELEN TO THE EXAMPLE OF THE E		
#睡	前故事	<u>#小组活动</u>	#故事会	#边玩边学
fg 完 好 世 世	线 晚上6:30 pm	Facebook在线 中午12:30	Facebook在线 中午12:30	Facebook 在线 中午12:30
			户外小组活动	
命		•	早上9:30到11:00 Denison Park 公园	I

### 节目描述

### Fu特别庆祝:

2024年4月16日我们将举行斋月的第二次庆祝活动,主题为: Eid 手工活动与特别款待。

**室内活动**:每周一、周二和周四的上午,我们面向0至6岁孩子家庭提供室内活动。活动将采取现场参与,无需提前注册。直接来到Aldergrove 公立学校,加入我们吧!

户外活动:每周三上午,我们面向0至6岁孩子的家庭在 Denison Park 开展户外活动。该活动旨在帮助家长与孩子们加强体育锻炼,保持身心健康。

Facebook活动: 欢迎加入 @CAPCMarkham 在Facebook上的页面去联系我们的教育工作者得到以上所有活动信息吧!

STEAM趣味课程: 欢迎加入我们的STEAM(科学、技术、工程、艺术和数学)世界,专为0至6岁儿童设计!我们的室内互动活动为孩子们提供了一个兴奋不已的环境。在这里,孩子年幼的心灵可以参与探索、实验,以及一切有趣的动手学习体验。通过各种适合不同年龄段的活动,孩子们将有机会培养一些重要技能技能:如解决问题、批判性思维、创造力和合作能力等等,同时和同伴们一起玩得开心!

**边玩边学**: 这个节目是为0-6岁孩子和他们的照顾者准备的。旨在提供从自由玩乐中学习到的各种技能,并且有助于促进亲子关系。该活动位于Aldergrove 公立学校101教室。

**户外小组活动**。拥抱春天的美好,请加入我们为0至6岁儿童量身打造的迷人户外亲子体验!我们的春季户外小组活动为孩子们提供了一个愉快的机会,让他们沉浸在季节的奇迹中,庆祝大自然的更新和鲜艳的色彩。孩子们将路上一场发现、探索和感官愉悦之旅,以及参与各种户外活动,比如在自然中唱歌、跳舞,以及讲故事等。

- ·#边学边玩:\_在Facebook上与我们一起在线参与这些专门为父母和照顾者设计的创作DIY活动吧。
- #故事大会 在Facebook上与我们一起在线聆听并享受各种故事。
- #睡前故事: 在Facebook上与我们一起聆听睡前故事,旨在使睡前的例行活动成为对儿童既神奇又有教育意义的体验。

#**小组活动**: 加入我们在 Facebook 上的直播,参加一个生动的互动活动,旨在让年幼的心灵沉浸在音乐和讲故事的乐趣中。通过适合年龄的歌曲和故事,幼儿在一个有趣、兴奋的环境中探索语言发展、协调能力和社交互动。





### Keep the Door Open: Understand Your Child's Inner World

敞开孩子的心房/敞開孩子的心房

This session in Mandarin and Cantonese will share tips on ways that lead your child to open their inner world and take care of their emotional wellbeing under the influence of both traditional Chinese culture and Western culture.

本次研讨会将探讨传统华裔文化和西方文化的影响下如何有效地关爱和照顾孩子的心理健康。

這次的講座將探討傳統華裔文化和西方文化的影響下如何有效地關懷和照顧孩子的心理健康。

To register for a Mandarin session: <u>点击这里报名普通话讲座</u> or scan QR code



To register for a Cantonese session: 點擊這裡報名粵語講座 or scan the QR code





### Parents, Guardians, Caregiver and Students

Join us to learn and share with your community how the families are supported!

Date: Tuesday, April 23rd, 2024

Time: 6:00pm-7:00pm (Mandarin 普通话)

7:00pm-8:00pm (Cantonese 粵語)

Location: Virtually

### Presenters:

### Hannah Xu (MPH)

Hong Fook Mental Health Association Youth Program Worker

### Charmaine Tong (M.S.W., R.S.W.)

York Region District School Board Community Care Social Worker (Chinese Heritage Community)

### For more information, please contact:

Community Care Social Worker (Chinese Heritage)
Charmaine Tong
<a href="mailto:charmaine.tong@yrdsb.ca">charmaine.tong@yrdsb.ca</a>

This free session is brought to you in partnership with



# Health & Safety at the Lunch Lady



# The Lunch Lady is a safe choice for your community!

Food safety has been our priority since we opened our first kitchen in 1993. Our team has always gone above and beyond when it comes to caring for the health and safety of our customers and team We serve thousands of meals across Canada every day using our proven operating practices that include:

- dedicated nut-free commercial kitchen facilities with restricted access and no storefront access
- a full-time Nutrition Manager on staff to ensure that our meals are wholesome and meet specific
- inclusive programs including allergy management so everyone can participate

We take our lead from Public Health and follow their current recommended health and safety protocols to ensure the safety of both our customers and team members.

### In our kitchens:

- Lunch Lady staff members are food safety trained and follow Lunch Lady recipe and food preparation
- The Lunch Lady tracks food ingredient, allergen, nutrition information and Canadian Food Inspection Agency (CFIA) food recalls
- Our commercial kitchens are Public Health inspected

- have all passed a Vulnerable Sector Screening from their local police department
- are dressed in Lunch Lady uniforms and carry photo identification and their police check

Please do not hesitate to get in touch with us with any questions or concerns. We're here to help!

### the Lunch Lady.a

### The Lunch Lady Sample Menu

















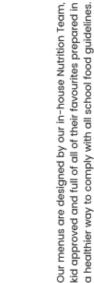












sensitivities, and food preferences so that everyone can happy to modify our meals to accommodate allergies, With gluten free, halal and vegetarian options, we are participate.

TO APPROVE

And watch for our monthly specials too!

# Our Lunch Lady favourites include:

- Macaroni & Homemade Cheese Sauce
- Grilled Cheddar Cheese Sandwich
- Chicken Fingers, Rice and Corn
- Cheeseburger
- Smiling Shepherd's Pie
- Crunchy Chicken Ranch Wrap
- Buttery Pasta with Parmesan
- Teriyaki Chicken Rice Bowl

Chicken Nuggets, bun & plum sauce

- Pancakes (plain or with sausage) & Syrup
- Beef Meatballs, Mashed Potatoes, Gravy & Corn
- Spaghetti & Beef Meatballs with
  - Tomato Sauce
    - Crunchy Chicken Sushi Roll
- . Chicken Fried Rice with Egg





## Contact: polly@thelunchlady.ca 905-947-9393 Register: thelunchlady.ca

Many more options available online. Ask us about our themed lunches too!





### Calling all Superstars ages 6 to 21 years:

Singers • Dancers • Instrumentalists Actors • Magicians • Comedians & more! Performing Solo or as a Group



Toronto, Ontario

### Audition deadline is May 24, 2024

To Learn More, Call: 416.263.3807 or visit TheEx.com Apply Now at: <a href="https://www.TheEx.com/contests/rising-star/">www.TheEx.com/contests/rising-star/</a>

Canadian National Exhibition: August 16 - September 2, 2024





### **Stonebridge Public School**

### STEAM & Sports Camp

We offer diverse activities, including sports, recreational arts and crafts, and S.T.E.M.

Join us for a summer of fun, friendship, and learning!

- Science Experiments
- Design Challenges
- Team-Building Activities

S.T.E.M: science, technology, engineering, and mathematics

### **Times**

Regular

9 AM - 4 PM

**Before Care** 

8 AM - 9 AM

After Care

4 PM - 5 PM

YRES offers every camper a free half-day! 🥟



Contact

(416)-475-6622

info@yorkeducation.ca | yorkeducation.org/summercamp

Scan & Register

